

Syllabus: HTS 100 Foundations of Unity

COURSE OVERVIEW

Dates: May 29, June 5, 12, 26, July 3 2024

Time: 6:00-8:00pm Eastern

Location: Zoom

Course Instructor:

Name	Suzette M. Kachmaryk, LUT
Virtual Office Hours	Mondays – 6:00 to 8:00 pm
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Course Description:

Building consciousness, knowledge and skills in any endeavor begins with learning the foundational principles. This course is designed to be the first course students take when embarking upon any of the Unity Worldwide Spiritual Institute's learning paths. Students will explore foundational principles from Lessons in Truth, Discover the Power and other historical texts. They will also learn how to integrate the foundational principles into daily life. (Combines three former classes: Lessons in Truth, Discover the Power Within You and Unity Today.)

Course Learning Objectives:

By the end of the course learners will be able to:

- Identify, reflect upon and explain the reasons for humankind's state of bondage.
- Identify what might keep you in bondage
- Describe "God" as divine paradoxes:
 - Principle and Personal
 - Immanent and Transcendent
 - Masculine and Feminine
 - Law and Grace
- Define the three-fold nature of God and humankind
- Articulate the power of affirmative prayer with the use of Denials and Affirmations
- Explain the metaphysical teachings of Jesus Christ according to Eric Butterworth
- Create an action plan that will support you in your personal spiritual growth
- Apply the teachings of Jesus in life situations
- Explain and demonstrate the law of manifestation

Required Text/Readings:

- Cady, Emilie. *Lessons in Truth*. Unity Village: Unity, 2005.
- Butterworth, Eric. *Discover the Power Within You*. New York: Harper One, 2008.
- Fillmore, Charles. *The Revealing Word*. Unity Village: Unity, 2005

Recommended Text/Readings:

- Fox, Emmett. *Sermon on the Mount*. New York: Harper Collins, 1989.
- Cady, Emilie. *How I Used Truth*. Whitefish, MT: Kessinger Publication, 2010.
- Trine, Ralph Waldo. *In Tune with the Infinite*. Seven Treasures Publications. 2009

Session	Read	Learning Objectives	Reflect And Prepare to Discuss
1	<p><i>Lessons In Truth</i> Lessons 1 and 2</p> <p><i>Discover The Power...</i> Preface to 20th ann. Ed Prologue Chap 1 and 4</p> <p><i>The Revealing Word</i> p.56 Divine Mind; Divine, creative power of; p. 82-86 definitions, God to God immanent</p>	<p>ID reasons for Humanity’s state of Bondage: what keeps us there?</p> <p>ID the threefold nature and Paradoxes of God</p> <p>ID the Unity Trinity as different (?) from the traditional Christian trinity.</p>	<p>What grabbed you from your reading/reflection? Aha? Oh, no?</p> <p>What Powers and Principles are in play with this material?</p> <p>How do you release your “baggage’ and move from limitation to freedom?</p> <p>How has your concept of God changed since childhood?</p> <p>How are you Mind, Idea and Expression?</p> <p>How does God express through me and what limits the process?</p>

<p>2</p>	<p><i>Lessons In Truth</i> Lessons 3-7 <i>Discover The Power...</i> 2,3 and 9 <i>The Revealing Word</i> Prayer pg.152, 153</p>	<p>Define the 3-fold nature of humankind.</p> <p>Define the 3 levels of consciousness in humankind.</p> <p>ID and apply the three phases of consciousness to healing, forgiveness, and life itself.</p> <p>Articulate and apply the power of prayer with affirmations and denials.</p> <p>Explain the power of faith.</p>	<p>What grabbed you from your reading/reflection? Aha? Oh, no?</p> <p>What Powers and Principles are in play with today's material?</p> <p>How do the 3-fold nature of God, man, and the 3 levels of consciousness work together to elucidate this statement: <i>we are spiritual beings having a spiritual experience</i>?</p> <p>What is prayer: affirmation, denial?</p> <p>Explain "<i>pray without ceasing</i>"</p>
<p>3</p>	<p><i>Lessons In Truth</i> Lesson 8 and 12 <i>Discover The Power...</i> 5, 6, and 7</p>	<p>Explain the metaphysical teachings of Jesus the Christ as per Eric Butterworth.</p> <p>Begin to ID and manage <i>your</i> path to releasing baggage and experiencing unlimited potential as an expression of God?</p>	<p>What grabbed you from your reading/reflection? Aha? Oh, no?</p> <p>What Powers and Principles are in play with today's material?</p> <p>As you assess your present spiritual awareness, set at least 3 practical goals that will help expand your consciousness and self-awareness.</p> <p>Break the goals into practical do-able steps you can manage to move you forward in your spiritual growth.</p>

4	<p><i>Lessons In Truth</i> Lessons 9 and 10</p> <p><i>Discover The Power...</i> Chaps 8, 10, 11 and 12</p>	<p>Articulate how Universal Law provides harmony, joy, peace and love.</p>	<p>What grabbed you from your reading/reflection? Aha? Oh, no?</p> <p>What Powers and Principles are in play with today's material?</p> <p>How do you align with Universal Law?</p> <p>How do you use a specific law (pick one, eg. Law Of Attraction) to enrich your life?</p>
5	<p><i>Lessons In Truth</i> Lessons 11</p> <p><i>Discover The Power...</i> Chaps 13, 14, 16, 18</p>	<p>Apply Jesus' teaching to your life situations.</p> <p>Articulate and demo the law Of Manifestation</p> <p>Share your experience of growth as it relates to this course.</p>	<p>What grabbed you from your reading/reflection? Aha? Oh, no?</p> <p>What Powers and Principles are in play with today's material?</p> <p>How do I use the Law of Compensation and the Law of Abundance to maintain prosperity consciousness?</p>

For SEE credit:

1. Apply for SEE credit through Unity Worldwide Spiritual Institute (uws.org).
2. Write a 500-word reflection paper including the following:
 - a. Compare Cady's 4 denials and 4 affirmations with Butterworth's version of the Beatitudes.
 - b. Pick one (1 denial or affirmation from Cady; 1 beatitude from Butterworth) from each author and tell why you picked it and how it works, worked, or could work in your life using specific personal example(s).
 - c. Pick your 2 favorite major ideas, themes or quotes from Cady and 2 from Butterworth and explain:
 - i. Why they particularly spoke to you.
 - ii. How they play out, played out, or could play out in your life.
 - iii. How they illustrate or relate to one of Unity's 5 basic principles or the 12 powers.
3. Submit your paper to suzette.kachmaryk@gmail.com.

4. I appreciate your concise answers. No special credit is given for wordiness, but rather for grasp of the authors' major points and your personal interpretation and application to life in general and "The Book of You" in particular. Cady, Butterworth and all masters are only as good as their relevance and application.

Also, not required, but I would appreciate your comments and suggestions about the class format, whether it was helpful to you, what you liked and what you didn't like in the presentation. To quote Master Hasselbeck: *was it useful?*"

Thank you for allowing me to share Truth study with you. It is a great blessing for me!